

She became a chef and worked for Restaurant August and Chef John Besh in New Orleans. Along the way, she also completed two levels of wine certification through the International Sommelier Guild and the Wine and Spirits Education Trust's Level 3 Advanced Certification in Wine and Spirits. It's this combination of great food and appropriate wines that led her to return to Houma.

Her mother had operated Café
Dominique's in Houma since 2008,
but when she retired, Malbrough took
over the operation and renamed it
Dominique's Wine Boutique & Bistro,
combining her love for food and
wine. The idea, Malbrough explains,
was to bring in diners and educate
them about wine and how the two
complement each other well.

Weekday lunches include appetizers such as colossal crab and lobster cakes and baked brie and a variety of salads, soups, sandwiches and flatbreads. The menu changes quarterly with the seasons.

"We try to change it up," Malbrough says. "We try to make the menu fun."

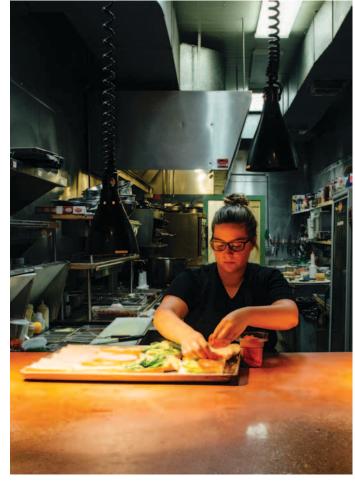
In addition, Dominique's serves wine dinners (four courses with pairings), offers catering and sells wine in the front wine shop.

This summer, in addition to weekday lunches, Dominique's will serve cocktails, wine and small bites at the bar between 2 p.m. and 6:30 p.m. Monday through Friday.

"We have a beautiful patio that's right on the bayou," she says.

The restaurant will remain a weekday affair, Malbrough insists, to allow time for her to be with family. In her former culinary jobs outside the state, family time wasn't as much a priority so working long hours in the restaurant business wasn't as difficult.

"In Louisiana, there's a lot of family time," Malbrough says. "Up there [in North Carolina], it's not like that. It doesn't hurt as much up there."







IN 2015, DOMINIQUE'S WINE BOUTIQUE & BISTRO RECEIVED A WINE SPECTATOR AWARD OF EXCELLENCE, AN HONOR GIVEN TO RESTAURANTS WITH EXCEPTIONAL WINE LISTS.



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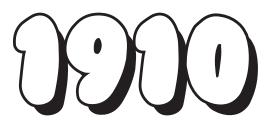












IN 1910, LAKE CHARLES WAS DEALT A DEVASTATING FIRE, ONE THAT ENGULFED DOWNTOWN AND DESTROYED THE 1890 COURTHOUSE AND CITY HALL. BUT THE CITY ROSE FROM THE ASHES AND BEGAN ANEW.

The newest addition to Lake Charles' culinary scene, 1910, plays on this historic theme, using a flame as its icon. The idea came about after owner Andrew Green found the Phoenix Building at the corner of Kirby and Ryan streets as the perfect

location for his new culinary venture. The restaurant is situated across from the current courthouse and historic City Hall, both built in 1911, and a nod to the fire and the city's resurrection seemed the perfect name.

"After the fire burned most of downtown, at that point they were looking forward," Green says. "For us, 1910 is an ode to that, this new Lake Charles looking forward into the 21st century, hoping to grow the city and make things happen."

Green is a former law student whose heart was in the culinary arts. He originally planned to practice law until he acquired enough money to open a restaurant, but his father talked him out of that plan, insisting he head straight into his dream. After working for restaurants such as 121 Bistro, La Truffe Sauvage and Restaurant Calla, Green did just that.

1910 serves up classical dishes – "no crazy stuff," Green insists - but still innovative and occasionally unusual entrees, such as wild boar tenderloin and an elk rib eye.

"We're trying to get people to think about maximizing their experience of a fine quality dinner with a high quality wine," he says, adding that wine pairing dinners are offered as well.

























CHEF CHRISTOPHER THAMES MIGHT **BE BEST KNOWN** FOR BEING NAMED CHAMPION ON THE FOOD NETWORK'S "CHOPPED" IN 2011, BUT HIS CAREER SPANS THE COUNTRY AND IN A WIDE VARIETY OF EXPERIENCES.

The Culinary Institute of America graduate has worked as executive chef for the Jefferson Hotel and the World Bank in Washington, D.C., a traveling

chef for Cirque du Soleil, and as owner of his own catering business.

He brings this vast culinary background to Grand Coteau Bistro, revitalizing the former Catahoula's restaurant in Grand Coteau and reinstating fine dining to the region.

Thames hails from Beaumont, Texas, but spent summers in New Orleans where his grandfather was academic dean at the Baptist Seminary.

"I'm an I-10 rat is what I tell people," Thames says. "I had both influences of Cajun and Creole cooking."

In his last year of high school, Thames veered into vocational school with half the day devoted to culinary training. He went from an uninterested teenager with bad grades to an A student overnight.

"Six month after graduating high school I was in culinary school," he explained. "I loved every minute of it and I knew I was home. A chef is such a different breed and I loved playing with fire - we're such pyromaniacs - and there is something to be said of sharp knives."

Thames has worked the East Coast, Seattle and Texas and served a number of famous people, but the Gulf South eventually drew him home. He landed in Baton Rouge where he met Leon Steele, who worked in Louisiana's Main Street program. Steele knew about the former Catahoula's space and the next thing Thames knew, he was helming his own restaurant.

"It's been a blur since," he said of opening Grand Coteau Bistro in the fall of 2015. "But I'm here to set up roots."

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